

## HOW TO MAKE YOUR GOALS A REALITY

1. What is the specific goal that you want to achieve?

---

2. Why do you want to achieve this goal?

---

---

3. Where are you currently starting from as it relates to this goal?

---

---

4. How will you achieve this goal? List each individual action step and deadline.

---

---

---

---

5. Who will be involved in helping you achieve this goal? Identify their specific role?

---

---

---

6. When will you achieve this goal?

---

---

---